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| **Name:** | | **Date:** | |
| **Start Date:** | | **End Date:** | |
| **Benchmark for Progress Meeting 1:** | **Benchmark for Progress Meeting 2:** | | **Benchmark for Progress Meeting 3:** |
| **Primary Research Question:** | | | |
| **Abstract** | | | |
| This is a short summary that identifies the topics you would like to focus on for your Self-History Research. Refer to your webpage to help you focus the topic of your research and develop a primary research question. | | | |

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| **Selected Approaches** | **Specific Research Question for Each Approach** |
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| **Methodology for Approach 1** | | |
| **Who?** | Who will you contact to collect information from? |  |
| **What?** | What information will you collect? What questions will you ask? |  |
| **When?** | When will you collect the information? When will the process occur? |  |
| **Where?** | Where will the information come from? Be specific.  (i.e. What sources will you use?) |  |
| **How?** | How will you collect the information (i.e. interviews, surveys, Internet search)? |  |

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| **Methodology for Approach 2** | | |
| **Who?** | Who will you contact to collect information from? |  |
| **What?** | What information will you collect? What questions will you ask? |  |
| **When?** | When will you collect the information? When will the process occur? |  |
| **Where?** | Where will the information come from? Be specific. |  |
| **How?** | How will you collect the information (i.e. interviews, surveys, Internet search)? |  |

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| **Methodology for Approach 3** | | |
| **Who?** | Who will you contact to collect information from? |  |
| **What?** | What information will you collect? What questions will you ask? |  |
| **When?** | When will you collect the information? When will the process occur? |  |
| **Where?** | Where will the information come from? Be specific. |  |
| **How?** | How will you collect the information (i.e. interviews, surveys, Internet search)? |  |

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| **Discussion** |
| Identify the limitations and potential challenges you may face answering your general research question (i.e. as you engage in the research process) and for each approach specifically (i.e. answering each secondary research question). |