**Your Future: Long Term Goals**

(5-10 Years in the Future)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Personal  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my professional goal? | | | Professional  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my personal goal? | | |
| Action Steps: | | | Action Steps: | | |
| What is the action item? | Who can help me complete the action item? | When will the action be completed? | What is the action item? | Who can help me complete the action item? | When will the action be completed? |
| Action Item 1 |  |  |  |  |  |  |
| Action Item 2 |  |  |  |  |  |  |
| Action Item 3 |  |  |  |  |  |  |
| Action Item 4 |  |  |  |  |  |  |
| Action Item 5 |  |  |  |  |  |  |
| Action Item 6 |  |  |  |  |  |  |
| Action Item 7 |  |  |  |  |  |  |
| Action Item 8 |  |  |  |  |  |  |
| Action Item 9 |  |  |  |  |  |  |
| Action Item 10 |  |  |  |  |  |  |
| Action Item 11 |  |  |  |  |  |  |
| Action Item 12 |  |  |  |  |  |  |

**Your Future: Mid Term Goals**

(3-5 Years in the Future)

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| --- | --- | --- | --- | --- | --- | --- |
|  | Personal  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my professional goal? | | | Professional  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my personal goal? | | |
| Action Steps: | | | Action Steps: | | |
| What is the action item? | Who can help me complete the action item? | When will the action be completed? | What is the action item? | Who can help me complete the action item? | When will the action be completed? |
| Action Item 1 |  |  |  |  |  |  |
| Action Item 2 |  |  |  |  |  |  |
| Action Item 3 |  |  |  |  |  |  |
| Action Item 4 |  |  |  |  |  |  |
| Action Item 5 |  |  |  |  |  |  |
| Action Item 6 |  |  |  |  |  |  |
| Action Item 7 |  |  |  |  |  |  |
| Action Item 8 |  |  |  |  |  |  |
| Action Item 9 |  |  |  |  |  |  |
| Action Item 10 |  |  |  |  |  |  |
| Action Item 11 |  |  |  |  |  |  |
| Action Item 12 |  |  |  |  |  |  |

**Your Future: Short Term Goals**

(1-3 Years in the Future)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Personal  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my professional goal? | | | Professional  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my personal goal? | | |
| Action Steps: | | | Action Steps: | | |
| What is the action item? | Who can help me complete the action item? | When will the action be completed? | What is the action item? | Who can help me complete the action item? | When will the action be completed? |
| Action Item 1 |  |  |  |  |  |  |
| Action Item 2 |  |  |  |  |  |  |
| Action Item 3 |  |  |  |  |  |  |
| Action Item 4 |  |  |  |  |  |  |
| Action Item 5 |  |  |  |  |  |  |
| Action Item 6 |  |  |  |  |  |  |
| Action Item 7 |  |  |  |  |  |  |
| Action Item 8 |  |  |  |  |  |  |
| Action Item 9 |  |  |  |  |  |  |
| Action Item 10 |  |  |  |  |  |  |
| Action Item 11 |  |  |  |  |  |  |
| Action Item 12 |  |  |  |  |  |  |

**Your Future: Immediate Goals**

(Less than 1 Year into the Future)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Personal  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my professional goal? | | | Professional  [Place Image Here]   * Why is this goal important to me? * What skills or resources do I need that I do not already have? * How is this goal related to my personal goal? | | |
| Action Steps: | | | Action Steps: | | |
| What is the action item? | Who can help me complete the action item? | When will the action be completed? | What is the action item? | Who can help me complete the action item? | When will the action be completed? |
| Action Item 1 |  |  |  |  |  |  |
| Action Item 2 |  |  |  |  |  |  |
| Action Item 3 |  |  |  |  |  |  |
| Action Item 4 |  |  |  |  |  |  |
| Action Item 5 |  |  |  |  |  |  |
| Action Item 6 |  |  |  |  |  |  |
| Action Item 7 |  |  |  |  |  |  |
| Action Item 8 |  |  |  |  |  |  |
| Action Item 9 |  |  |  |  |  |  |
| Action Item 10 |  |  |  |  |  |  |
| Action Item 11 |  |  |  |  |  |  |
| Action Item 12 |  |  |  |  |  |  |